

ST. CROIX SAILING CLUB EMERGENCY CARD

Emergency or Life Threatening Injury - Steps

1. Render assistance
2. Make contact with coaches or program staff for assistance
3. Call for Help & Emergency Medical Attention: (

For emergencies which require paramedics immediately on the water: contact a sheriff on the water using VHF channel 16. Alternatively call 911.

For emergencies which can be delivered to transportation on shore: call 911 and give them a landing location. Contact the Race Committee on VHF 72 if fast boat assistance is necessary.

4. Monitor and administer first-aid (List AED locations, boats with AED, etc.)
5. Send someone to meet/direct Emergency vehicles
6. Transfer injured to care of Emergency Team

Be prepared to tell 9-1-1:

- Current location of injured person
- Description of boats (if requesting on-water help)
- Where you plan to bring injured person ashore (see below)
- Age/gender/number of injured people
- Type of injury/situation
- Your name and call back number
- See map for Emergency Response Pick-Up Locations

	Name	Description
A	St. Croix Marina	Gas dock on the bridge side of the marina
B	Beanie's Boat Launch	Boat landing under SW side of I-94 bridge
C	Troy Beach	County Park next to YMCA Camp
D	St. Croix Beach	Any of the stairs to the beach

